

### **Amendments to the Specification:**

Please replace paragraph [0014] with the following amended paragraph:

[0014] In another aspect of the invention an ~~insole~~ insole comprises a base strip provided in a rearfoot region of the insole and a forefoot region of the insole, wherein the base strip can control flexibility in the rearfoot region and the forefoot region of the insole.

Please replace paragraph [0020] with the following amended paragraph:

[0020] Referring to Figs. 1 and 2, insole 60 is preferably ~~preferable~~ constructed with a footbed 69 and a lower multicomponent strip 54. As shown in Figs. 1 and 2, lower multicomponent strip 54 preferably includes a base strip 67, consisting of first tuck 63 and forepart 65. In the illustrated embodiment of Fig. 2, base strip 67 at least partially underlies footbed 69. Lower strip 54 further includes a toe piece 66 and a second tuck 64. As will be explained, according to the present embodiment, the construction of lower strip 54 controls the flexibility of the different regions of insole 60, and in particular, the flexibility of rearfoot region 56 and forefoot region 58. More specifically, because footbed 69 is formed of the same materials substantially throughout its entirety, the positioning the different components of strip ~~60~~ 54 will determine which portions of footbed 69 of insole 60 will be more flexible relative to other portions of insole 60.

Please replace paragraph [0034] with the following amended paragraph:

[0034] According to the above description of first abutting region 70 and second abutting region 71, the height or thickness at any single widthwise region of upper surface 68 and ~~lower~~ bottom surface 55 is consistent with the thickness of the regions that are immediately fore and aft of that particular region of insole 60. Thus, the presence of ridges that are formed due to portions of insole 60 being thicker than other portions in an immediate vicinity are minimized.

Please replace paragraph [0039] with the following amended paragraph:

[0039] According to a construction of the above described embodiment of insole 60, each of the first tuck 63, second tuck 64, forepart 65, toe piece 66, intermediate portion 62, and surface portion 61 can be cut or shaped by any method to correspond to a predetermined size. That is, each element of insole 60 can be cut and shaped according to predetermined parameters that correspond to a size of a footwear and a size of a foot that will mate with insole 60. Further, the portions of toe piece 66 and forepart 65 in the ~~first abutting region 70~~ second abutting region 71, along with the portions of forepart 65, first tuck 63 and second tuck 64 in ~~second abutting region 71~~ first abutting region 70 can be skived or shaved in any order, and the different portions of the insole can be combined by any method of combining.